**Thread:** Personal

**Subgroup:** Individual/Group

**Foci:** All faculty/staff

**Program Title:** Spiritual Exercises

**Contact Person/Office:** Matt Barmore

**School :** Seattle Preparatory School

**Program Description:** 18th Annotation: offered to small groups over the course of 10-13 weeks.19th Annotation: offered to individuals.

**Rationale:** Having a lived experience with the Spiritual Exercises enables teachers and staff members to more fully understand the transformational nature of Jesuit education.

**Leadership:** The program was started with the help of the Ignatian Spirituality Center, a local organization in Seattle. In our first year, two representatives from the center offered the 18th Annotation. In subsequent years, the individual spiritual direction has been offered by the Jesuits on campus.

**Implementation:** The Principal and Director of Adult Faith Formation implemented the 18th Annotation program through the Ignatian Spirituality Center. The individual spiritual direction is organized by one of the Jesuits.

**Processes and Resources:** We periodically schedule the 18th Annotation with the Ignatian Spirituality Center (every 3-4 years). The individual spiritual direction is coordinated through Fr. Paul Fitterer, S.J.

**Finances:** Both the Director of Adult Faith Formation and Fr. Fitterer have FTE dedicated to running these programs.

**Rewards:**

**Time (When/Length):** The 18th Annotation was first introduced in the spring of 2010 and lasted for 10 weeks. The 19th Annotation individual spiritual direction began in the 2010-2011 school year. The duration of the program depends on the individual doing the Exercises.

**Location (Space):** On Campus.

**Accountability/Assessment:** The 18th Annotation program was assessed via personal conversations with the individuals who participated. The 19th Annotation has no formal evaluation tool, but the overwhelming majority of people who completed the Exercises last year have continued their individual spiritual direction with Fr. Fitterer.